

LESSON PLAN

Theme	Week Of	Teacher(s)	Age Group(s)
Arctic Animals	01/09/2023	Kristen Arnold	24-36 months

Monday	Tuesday	Wednesday	Thursday	Friday
<p>STORY TIME</p> <p>Arctic Animals Introduction</p> <p>Using a simple non-fiction book to introduce a new concept</p> <p>Materials Arctic animal books (such as Arctic Animals by Jill McDonald), chart paper, markers, pictures of items you will identify (polar bear, penguin, etc.)</p> <p>Adaptation Those who struggle to sit for stories can stand or have other accommodations as necessary. Give students jobs (holding markers, drawing illustrations, etc.) Provide sensory items (small pieces of fake fur, for example) for those with sensory processing challenges.</p> <p>Notes Remember, attention spans are fluid at this age level. Allow for movement and provide variety for those in your group that need further help with focus.</p> <p>Indicators: CLL4.2d</p>	<p>STORY TIME</p> <p>Polar Bear, Polar Bear What Do You Hear</p> <p>First reading - introduce and discuss</p> <p>Materials Polar Bear, Polar Bear What Do You Hear? by Eric Carle or similar book</p> <p>Adaptation Those who struggle to sit for stories can stand or have other accommodations as necessary. Give students jobs (holding markers, drawing illustrations, etc.) Provide sensory items (small pieces of fake fur, for example) for those with sensory processing challenges.</p> <p>Indicators: CLL2.2a CLL5.2c</p> <hr/> <p>ART</p> <p>Black and White Mosaic Art</p> <p>Create art with black and white mosaic size</p>	<p>STORY TIME</p> <p>Polar Bear, Polar Bear What Do You Hear</p> <p>Retelling the story with props</p> <p>Materials Polar Bear, Polar Bear by Eric Carle, laminated copies of pictures from the story made into either stick puppets or flannel board pieces</p> <p>Adaptation Those who struggle to sit for stories can stand or have other accommodations as necessary. Give students jobs (holding markers, drawing illustrations, etc.) Provide sensory items (small pieces of fake fur, for example) for those with sensory processing challenges.</p> <p>Indicators: CLL6.2a</p> <hr/> <p>ART</p> <p>Fuzzy painting</p> <p>Cotton ball painting</p>	<p>STORY TIME</p> <p>Polar Bear Puppets</p> <p>Use characters from Polar Bear Polar Bear What Do You Hear? as stick puppet to tell story</p> <p>Materials Polar Bear, Polar Bear by Eric Carle, copy pictures of animals from the book, laminate and add craft stick.</p> <p>Adaptation Those who struggle to sit for stories can stand or have other accommodations as necessary. Give students jobs (holding markers, drawing illustrations, etc.) Provide sensory items (small pieces of fake fur, for example) for those with sensory processing challenges.</p> <p>Indicators: CLL5.2b</p> <hr/> <p>ART</p> <p>Black and White Mosaic Art</p> <p>Create art with black and white mosaic size</p>	<p>STORY TIME</p> <p>Story Creation</p> <p>Create a story together</p> <p>Materials chart paper (at least two pieces), glue stick or tape (to add pictures to the large picture, markers</p> <p>Adaptation Those who struggle to sit for stories can stand or have other accommodations as necessary. Give students jobs (holding markers, drawing illustrations, etc.) Provide sensory items (small pieces of fake fur, for example) for those with sensory processing challenges.</p> <p>Indicators: APL3.2a CD-SC3.2b CLL4.2d CLL5.2a</p> <hr/> <p>ART</p> <p>Collage Art</p> <p>Allow students to use a variety of materials to create their own art</p>

CLL5.2a

ART

Fuzzy painting

Cotton ball painting

Materials

Cotton balls, paint, paper (it works best with white paint on dark blue paper, but allow for experimentation)

Adaptation

If students do not want to touch the cotton balls or paint, provide clothespins to hold the cotton balls.

Indicators:

CD-CR2.2a

PDM4.2a

EXPLORATION AND PLAY

Ice House Play

Turn dramatic play center into an ice house to explore cold weather experiences

Materials

hats, coats, mittens, boots, animals identification cards or fact cards, binoculars, science study gear

Adaptation

Provide guidance for using gear and support those who need help with change by introducing items prior to adding them to the center.

squares of paper

Materials

black and white mosaic size paper, paper, and glue

Adaptation

Provide alternative black and white media to create a piece of art.

Indicators:

CD-CR2.2a

CLL1.2b

EXPLORATION AND PLAY

Ice House Play

Turn dramatic play center into an ice house to explore cold weather experiences

Materials

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Adaptation

Provide guidance for using gear and support those who need help with change by introducing items prior to adding them to the center.

Building Shelters

Utilize a variety of materials to create shelters for humans and animals to stay warm in cold climates

Materials

Variety of blocks, building materials. Variety of cardboard

Materials

Cotton balls, paint, paper (it works best with white paint on dark blue paper, but allow for experimentation)

Adaptation

If students do not want to touch the cotton balls or paint, provide clothespins to hold the cotton balls.

Indicators:

CD-CR2.2a

PDM4.2a

EXPLORATION AND PLAY

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Building Shelters

Utilize a variety of materials to create shelters for humans and animals to stay warm in cold climates

Materials

squares of paper

Materials

black and white mosaic size paper, paper, and glue

Adaptation

Provide other media in black and white for the students to create art.

Indicators:

CD-CR2.2a

CLL1.2b

EXPLORATION AND PLAY

Ice House Play

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Building Shelters

Utilize a variety of materials to create shelters for humans and animals to stay warm in cold climates

Materials

Variety of blocks, building materials. Variety of cardboard

Materials

Variety of art materials, glue, markers, crayons, etc.

Adaptation

Allow time for exploration of the various elements that have been provided, allowing for sensory processing challenges. Students should have choice to not use particular materials.

Indicators:

CD-CR2.2a

EXPLORATION AND PLAY

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Utilize a variety of materials to create shelters for humans and animals to stay warm in cold climates

Materials

Variety of blocks, building materials. Variety of cardboard boxes or lighter materials to create places for the animals to shelter from the cold weather.

Adaptation

Provide guidance for using gear and support those who need help with change by introducing items prior to adding them to the center.

Favorite Books

Provide a Variety of books from the topic to add to library center

Materials

variety of books appropriate to topic

Adaptation

Guide students in proper book handling and allow for favorites to remain in the reading center.

Indicators:

APL1.2c

APL2.2c

CD-SC1.2b

CLL8.2c

PDM6.2a

SED2.2a

boxes or lighter materials to create places for the animals to shelter from the cold weather.

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Indicators:

APL1.2c

APL2.2c

CD-SC1.2b

CLL8.2c

PDM6.2a

SED2.2a

MATH

Arctic Animal Matching Game

Matching game

Materials

Pictures of cold weather animals (in

Variety of blocks, building materials. Variety of cardboard boxes or lighter materials to create places for the animals to shelter from the cold weather.

Favorite Books

Provide a Variety of books from the topic to add to library center

Materials

variety of books appropriate to topic

Adaptation

Guide students in proper book handling and allow for favorites to remain in the reading center.

Indicators:

APL1.2c

APL2.2c

CD-SC1.2b

CLL8.2c

PDM6.2a

SED2.2a

MATH

Sorting and Classifying

Use pom poms as a way to examine matching, sorting, and classifying

Materials

Pom poms (or two colors of the same item)

Adaptation

Provide alternate materials for students who do not want to use

boxes or lighter materials to create places for the animals to shelter from the cold weather.

Adaptation

Provide guidance for using gear and support those who need help with change by introducing items prior to adding them to the center.

Favorite Books

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Materials

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APL1.2c

APL2.2c

CD-SC1.2b

CLL8.2c

PDM6.2a

SED2.2a

MATH

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APL1.2c

APL2.2c

CD-SC1.2b

CLL8.2c

PDM6.2a

SED2.2a

MATH

Sorting and Classifying

Use pom poms as a way to examine matching, sorting, and classifying

MATH

Sorting and Classifying

Use pom poms as a way to examine matching, sorting, and classifying

Materials

Pom poms (or two colors of the same item)

Adaptation

Provide alternate materials for students who do not want to use the fuzzy materials- any kind of toy is appropriate for sorting

Indicators:

APL1.2b
CD-MA1.2d
CD-MA2.2b
CD-MA4.2b
PDM6.2a

SCIENCE

Polar Animal Water Play

Ice water in sensory table with polar animals

Materials

Sensory table or individual buckets, water, ice (can be colored), and polar animals

Adaptation

This can also be done with warmer water if there is an aversion to cold water/ice

Indicators:

APL2.2c

pairs) to allow for matching.

Adaptation

For those who need help, limit the number of animals to match, for those needing more challenge encourage them to add information about what they see and which animals may live together in a specific environment.

Indicators:

APL3.2a
CD-MA4.2c
CLL4.2d

SCIENCE

Fill, Dump, and Scoop

Sensory table with rice

Materials

Rice (or similar), small scoops, measuring cups, bowls, etc.

Adaptation

Individual buckets would be helpful for those who are struggling with sharing space or items.

Indicators:

APL3.2d
CD-MA1.2d
CD-SC1.2a
PDM4.2a
PDM6.2a

SMALL GROUP

the fuzzy materials- any kind of toy is appropriate for sorting

Indicators:

APL1.2b
CD-MA1.2d
CD-MA2.2b
CD-MA4.2b
PDM6.2a

SCIENCE

Polar Animal Water Play

Ice water in sensory table with polar animals

Materials

Sensory table or individual buckets, water, ice (can be colored), and polar animals

Adaptation

This can also be done with warmer water if there is an aversion to cold water/ice

Indicators:

APL2.2c
CD-SC2.2a
CD-SC4.2c
CLL4.2a
PDM4.2a

SMALL GROUP

Shape Search

Go on a shape search

Materials

Shapes to hide

pairs) to allow for matching.

Adaptation

For those who need help, limit the number of animals to match, for those needing more challenge encourage them to add information about what they see and which animals may live together in a specific environment

Indicators:

APL3.2a
CD-MA4.2c
CLL4.2d

SCIENCE

Fill, Dump, and Scoop

Sensory table with rice

Materials

Rice (or similar), small scoops, measuring cups, bowls, etc.

Adaptation

Individual buckets would be helpful for those who are struggling with sharing space or items.

Indicators:

APL3.2d
CD-MA1.2d
CD-SC1.2a
PDM4.2a
PDM6.2a

SMALL GROUP

Materials

Pom poms (or two colors of the same item)

Adaptation

Provide alternate materials for students who do not want to use the fuzzy materials- any kind of toy is appropriate for sorting

Indicators:

APL1.2b
CD-MA1.2d
CD-MA2.2b
CD-MA4.2b
PDM6.2a

SCIENCE

Polar Animal Water Play

Ice water in sensory table with polar animals

Materials

Sensory table or individual buckets, water, ice (can be colored), and polar animals

Adaptation

This can also be done with warmer water if there is an aversion to cold water/ice

Indicators:

APL2.2c
CD-SC2.2a
CD-SC4.2c
CLL4.2a
PDM4.2a

CD-SC2.2a

CD-SC4.2c

CLL4.2a

PDM4.2a

SMALL GROUP

Arctic Animal Matching Game

Matching game

Materials

Pictures of cold weather animals (in pairs) to allow for matching.

Adaptation

Allow for children with challenges to match on a one-on-one activity. Have enough extra items for students to hold. Match pictures of animals to the plastic animals in your classroom.

Indicators:

APL3.2a

CD-MA4.2c

CLL4.2d

MUSIC AND MOVEMENT

Baby Beluga

Singing and movement with Baby Beluga by Raffi

Materials

Baby Beluga by Raffi

Adaptation

Big Animals/Little Animals

Sorting activity

Materials

Variety of animals in a variety of sizes. These can be items such as counting bears or similar as long as there is a noticeable size difference.

Adaptation

If students are struggling, start with a smaller number of animals or those with a very obvious size difference. For those who need more challenge, have them decide how they would group/sort the animals (by color, by where they live, etc.)

Indicators:

CD-MA4.2b

CD-SS1.2a

MUSIC AND MOVEMENT

Freaky Freeze

Play music and have the children dance freestyle while the music is playing. When you stop the music, show the children a picture of a pose, such as standing on one leg. They should freeze in that pose.

Adaptation

Help students who don't understand the "freeze" aspect by giving verbal or physical cues.

Adaptation

Give students space to hunt at their own developmental level, be sure to give all children space to try. Some will need very obvious "hiding" spots. For those who want a challenge, have them hide the shapes for their friends.

Indicators:

CD-MA5.2a

CD-MA6.2a

MUSIC AND MOVEMENT

Baby Beluga

Singing and movement with Baby Beluga by Raffi

Materials

Baby Beluga by Raffi

Adaptation

Allow for plenty of space for this activity.

Indicators:

CD-CR1.2a

PDM5.2a

OUTDOORS

Polar Pet Store

Movement Activity

Adaptation

Give guidance to those who are struggling with the movements by modifying movements.

Ice Painting Names

Use colored ice to paint

Materials

Coffee filters, colored ice, sharpie

Adaptation

For those who do not want to use ice, you can provide markers and a small spray bottle of water.

Indicators:

APL3.2a

CD-SC2.2a

CLL7.2a

MUSIC AND MOVEMENT

Freaky Freeze

Play music and have the children dance freestyle while the music is playing. When you stop the music, show the children a picture of a pose, such as standing on one leg. They should freeze in that pose.

Adaptation

Help students who don't understand the "freeze" aspect by giving verbal or physical cues.

Indicators:

SED3.2c

OUTDOORS

SMALL GROUP

Playdough Fun

Allow children to explore with playdough

Materials

Playdough for each child, tools

Adaptation

Provide a plastic bag, food service gloves, or the like for those who do not want to touch the playdough.

Indicators:

APL5.2c

CD-CR2.2a

PDM6.2a

MUSIC AND MOVEMENT

Instrument Freeze Dance

Freeze dance, but with instruments

Materials

Dancing music, small instruments (such as shaky eggs, tambourines, or bells)

Adaptation

Help students who don't understand the "freeze" aspect by giving verbal or physical cues. Have not noise-making options available for those who are overwhelmed by too much sensory input.

Indicators:

CD-CP2.2b

Allow for plenty of space for this activity.

Indicators:

CD-CR1.2a

PDM5.2a

OUTDOORS

Polar Pet Store

Movement Activity

Adaptation

Give guidance to those who are struggling with the movements by modifying movements.

Indicators:

CD-CR4.2b

PDM3.2a

PDM5.2a

TRANSITION S/ARRIVAL/D EPARTURE

Polar Animal Movement Cube

Create a cube with different polar animals to transition to different activities

Materials

Cube (6 sided like a large die); pictures of a variety of polar animals

Adaptation

Modify movements to accommodate those who are struggling

Countdown Timer

Indicators:

SED3.2c

OUTDOORS

Snowball Toss

Use pretend snowballs to play

Materials

lightweight paper

Adaptation

If students do not want to participate with the throwing of the "snowballs", you can encourage them to help make them by crinkling up the paper.

Indicators:

PDM3.2a

PDM5.2a

TRANSITION S/ARRIVAL/D EPARTURE

Countdown Timer

Use a countdown timer to help the children be prepared for transitions. This can be done with a phone or an alarm clock. If you have a computer or tablet in the classroom, there are websites and apps where you can download a timer.

Adaptation

If students struggle with auditory input (too much noise) provide a timer with a specific song or a light.

Indicators:

CD-CR4.2b

PDM3.2a

PDM5.2a

TRANSITION S/ARRIVAL/D EPARTURE

Countdown Timer

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Polar Animal Movement Cube

Create a cube with different polar animals to transition to different activities

Materials

Cube (6 sided like a large die); pictures of a variety of polar animals

Adaptation

Modify movements to accommodate those who are struggling

Indicators:

PDM5.2a

SED3.2a

SED3.2d

Balance, Climb, and Jump

Practice gross motor skills

Adaptation

Can be used inside as an obstacle course, providing a "beam" that rests on the ground (can even be a piece of tape on the ground), a jumping spot, and climb over a chair.

Indicators:

PDM3.2a

PDM5.2a

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Adaptation

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Polar Animal Movement Cube

Create a cube with different polar animals to transition to different activities

CD-CR1.2a

CD-SS2.2a

PDM3.2b

OUTDOORS

Big Steps, Little Steps

Use varied movements

Adaptation

Give guidance to those who are struggling with the movements by modifying movements.

Indicators:

PDM3.2b

PDM5.2a

TRANSITION S/ARRIVAL/D EPARTURE

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Use a countdown timer to help the children be prepared for transitions. This can be done with a phone or an alarm clock. If you have a computer or tablet in the classroom, there are websites and apps where you can download a timer.

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Indicators:

PDM5.2a

SED3.2a

SED3.2d

Polar Animal Movement Cube

Create a cube with different polar animals to transition to different activities

Materials

Cube (6 sided like a large die); pictures of a variety of polar animals

Adaptation

Modify movements to accommodate those who are struggling

Indicators:

PDM5.2a

SED3.2a

SED3.2d

Materials

Cube (6 sided like a large die); pictures of a variety of polar animals

Adaptation

Modify movements to accommodate those who are struggling

Indicators:

PDM5.2a

SED3.2a

SED3.2d

Create a cube with different polar animals to transition to different activities

Materials

Cube (6 sided like a large die); pictures of a variety of polar animals

Adaptation

Modify movements to accommodate those who are struggling

Indicators:

PDM5.2a

SED3.2a

SED3.2d