

~ FAMILY FUN AT MEALTIME ~

FINE MOTOR SKILLS Providing children with the opportunity to exercise the small muscles in their hands helps build strength and coordination. These activities will help develop the fine motor skills that children need for everyday tasks such as eating, writing, and coloring, and for simple skills like zipping a zipper or buttoning a shirt.

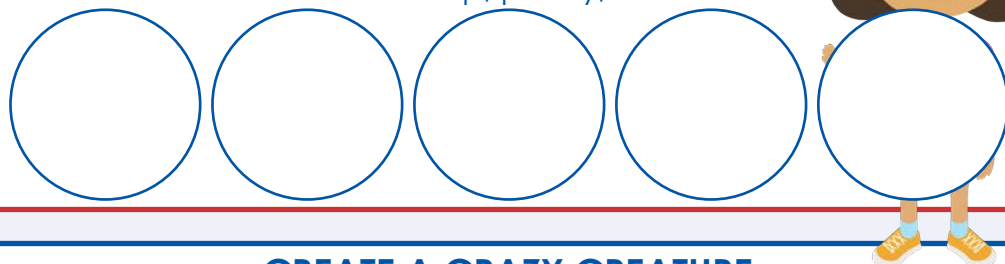
TRACING

Trace each line with your finger.



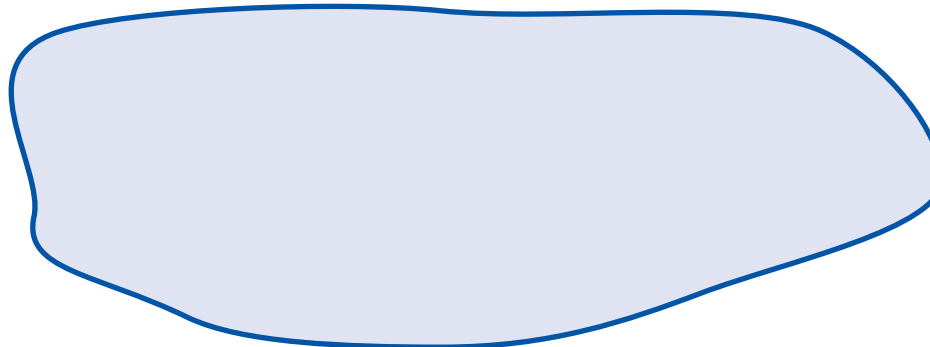
FILL THE CIRCLE

Fill each circle with a bottle cap, penny, or button.



CREATE A CRAZY CREATURE

Fill the blob with play-doh. Stick uncooked spaghetti noodles in the blob. Slide cheerios onto the noodles.



BUMPETY BUMP

Place a sticker on each bump in the line.

